

## Sports Day fun at Sonya Lodge Residential Care Home



We hosted our Sports Day on Thursday 29 July at Sonya Lodge Residential Care Home, which was a fun-filled belly-laughing day!

*We had fun games during the day, which we enjoyed taking part in or spectating:*

*Egg and spoon  
Hoopla toss  
Bean bag throwing  
Soft balls dart board  
And many more!*

Our lovely **garden** made the perfect backdrop for all the fun and games!

Our **Chef Steve** cooked a **scrumptious BBQ** for the event with lots to tuck into, including; lamb kebabs, chicken wings, burgers and sausages with sides of corn on the cob, salads and coleslaw. We were spoilt for choice!

*What a fantastic day, enjoyed by us all.*

