

## Sonya Lodge wins big in Nellsar trolley competition



### Winners of The Most Uplifting Trolley category

**Sonya Lodge Residential Care Home is delighted to have won 'The Most Uplifting Trolley' category in a recent 'Tart Up Your Trolley' competition.**

At the end of last month, Recreation and Well-Being Manager Viv Stead launched a competition for staff across Nellsar's 13 Care Homes to 'tart up their trolleys'.

During this period of lockdown, Viv thought staff could have a bit of fun and see who could use their creativity to 'Tart up their trolley'! If teams didn't have an activities trolley, they could improvise with whatever they had; there were no rules to the competition, the aim was simply to spread a little cheer to residents and make them smile.

***Entries were submitted to Viv and she was amazed with what came in from our Homes;***

*"What can I say?! Once again you and your teams have absolutely blown us all away with your creativity, passion, enthusiasm and courage! I thought it would create a bit of fun in these difficult times and you have really done it with style!"*

Having looked through all the entries, Viv decided that to choose a 'top three' out of all of the marvellous entries was just too difficult

to bear, so a decision was made to award everybody a prize, and Sonya Lodge's trolley was judged the most uplifting.

**Their entry read,** "Our Well-being Champions Jo and Deanne have been busy creating this wonderful themed decorated trolley. The idea was taken was the Disney film 'Up' about an elderly widower called Carl Fredricksen and his adventures with a boy scout called Russell. The ladies wanted to incorporate Nellsar and Sonya Lodge into this theme. Our lovely resident 'Ted' with his boy scout and their dog Dug (who of course is Roxi). Look into the windows you will find images of our residents and staff. Everything on this trolley has been stuck with glue, cut out from images and truly crafted by two talented ladies. Amazing work – Jean is so proud of her ladies."

**The Home will receive £50 for their Residents Fund, some bubbles and a winner's certificate.**

*A huge 'well done' to all the staff and residents who took part in the competition – it certainly has lifted everyone's spirits!*





