

## Sonya Lodge Residential Care Home travels Through the Decades to the 1970s



**We danced the afternoon away at Sonya Lodge Residential Care Home last week, with a fantastic funky 1970s party!**

We loved singing and dancing to all of the **classic 70s party tunes** and our staff and residents dressed up in flares, glitter, flowers and wigs from their wardrobes!

After a fun-filled afternoon, we rounded off our day with a **traditional 70s buffet**. Our residents loved choosing from the classics that included sandwiches, cocktail sausages, crisps, vol-au-vents, cakes, and cheese and pineapple. *What a nostalgic feast!*

We all had a fabulous day and enjoyed **reminiscing** over the many stories everyone had from this very **memorable decade**.