

## Sonya Lodge Residential Care Home residents enjoy some pampering and jewellery making



Some of our Sonya Lodge Residential Care Home residents love to spend some time being pampered, whether it is relaxing with a hand massage, having their hair styled, or enjoying a manicure.

**Maggie opted to have her nails done** last week by our Recreation and Well-Being Team. She chose which colour she would like her nails painted and then sat back and relaxed as she was treated to a lovely manicure. Maggie was very pleased with her finished nails and was very happy to show them off!

Other residents enjoyed spending some time together doing some beading. They put their creative skills to the test and kept their focus while threading the coloured beads to create a selection of **beaded jewellery**.

