

## **Sonya Lodge Residential Care Home ladies visit Minster Beach**



**On Thursday 20 June, a group of our ladies from Sonya Lodge Residential Care Home took a trip out to Minster Beach together.**

Minster is a large village on the north coast of the Isle of Sheppey and in the Minster-on-Sea civil parish and the Swale district of Kent – a super spot to visit for the day.

They had beautiful blue skies for their outing and they enjoyed walking along the beach front, taking in the scenery.

Their walk was followed by a cheeky cafe lunch of ham, egg and chips which they all enjoyed after the fresh sea air.

*A super time was had by all!*









