

Sonya Lodge Residential Care Home enjoys Burns Night traditions



At Sonya Lodge Residential Care Home we celebrate Burns Night every year with a range of themed activities.

This year we started the day by reading some **Robert Burns' poems** and listening to some **Scottish music**. In the afternoon we put on our **tartan hats** which was enjoyed by our residents and team alike!

The foodie element of the day began in the later afternoon. We have formed a little tradition at Sonya Lodge; we eat rough **oat cakes with mashed potatoes and haggis**, which sounds a little unusual but don't knock it until you've tried it! Our residents loved it and most had seconds!

To finish the day, our ladies and gents enjoyed a tea trolley with **shortbread biscuits and millionaire shortbread**.

Everyone really enjoyed Burns Night with smiles and full tummies all around!

