

## Shrove Tuesday pancakes at Sonya Lodge Residential Care Home



We tucked into lots of pancakes and crepes on Shrove Tuesday here at Sonya Lodge Residential Care Home, with all sorts of toppings and treats.

All our residents enjoyed **flipping a pancake or two**, seeing how high they could flip them. The aim of the game was to see how many flips in a row someone could get without dropping their pancake. Everyone did amazingly.... *with only a few pancakes ending up on the floor!*

We love anything sweet here so we enjoyed **pancakes for breakfast** and then some **crepes in the afternoon** as an extra treat – *what a fun day!*

