

Sonya Lodge Care Home

Nellsar Limited Catering Services Update



Dear family members,

Nellsar's Senior Catering Department would like to thank you for your continued support and effort in honouring the Government's guidelines during this unsettling time.

We wanted you to know all is in hand and it is business as usual with regards to Catering and the provision of nutrition and hydration in all our Nellsar Homes. Our residents continue to be at the heart of everything that we do, and this will not change.

Our Head of Catering Services for Nellsar, Adrian Silaghi, has personally written a contingency plan and menu and sent it to each of our Homes to adapt to their own individual requirements. Leni Wood, Nellsar's Nutrition and Wellness Manager is working on immune-supporting supplementary menus and a staff immune support hand-out. Both Adrian and Leni continue to offer remote support to each Home and their Catering Teams.

We feel it is important to let you know that we have regular contact with food supply chains and feel totally confident that stocks are plentiful, and deliveries are being made on time. We have no reason to believe this is going to change for the foreseeable future.

In the extremely unlikely event of very limited stock being available to our Homes, to avoid being 'caught-out' we have an emergency menu prepared and emergency stock lists and supplies already in place. These measures have been in place since the beginning of the Coronavirus pandemic and remains a top priority in our Nellsar Homes.



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The Catering Department would like you to know that we are working hard to ensure that the nutrition and hydration of your loved ones continues to be monitored closely and provided for with as much love and care as ever.

Click <u>here</u> to read a recent blog post on our Nutrition Website which goes into more detail.

Yours Sincerely,

Adrian Silaghi (Head of Catering Services) and Leni Wood (Nutrition and Wellness Manager)

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