

## Marking Remembrance Day and reminiscing together at Sonya Lodge Residential Care Home



**Remembrance Day is very important to us at Sonya Lodge Residential Care Home and a special time for our residents. Everyone was very keen to mark this special occasion.**

Some of our residents got to work ahead of the day by **knitting some poppies** for staff and residents. Their hard work really paid off and they made some beautiful poppies for us.

On Friday 11 November some of our ladies and gents marked the **minute silence** and spent some time looking at and talking about our **Remembrance Display**. This sparked many conversations which then led on to some **reminiscence** sessions with various objects and reading materials.

On Remembrance Sunday, a group of our residents attended the **service at our local church, St Michaels**. Other residents chose to watch the services and processions on the television; they were very keen to watch this, especially as it was the first Remembrance Sunday with our new King.

In the afternoon, we enjoyed a **singalong with wartime songs and some dancing**.

*It was a very special weekend and a pleasure to mark the occasion together and honour all of those heroes.*

