

Helping hands at Sonya Lodge Residential Care Home



Our Sonya Lodge Residential Care Home residents enjoy being active and involved in day to day activities in our Home.

They have kindly helped recently in our kitchen with **washing up** and also with our **laundry**. One of our ladies has also enjoyed **updating our activities wall planner** too.

What better treat for helping hands than a spot of **nail pampering**, which is always very relaxing!

And our residents Doff and Peter have been enjoying '**tickling the ivories**' recently which has been lovely to see.



Doff and Peter enjoying a turn at the electric keyboard