

Getting in the groove at Sonya Lodge Residential Care Home



We love music and dancing here at Sonya Lodge Residential Care Home, so we were delighted to welcome disco entertainment from 'Soul Train Sounds' recently, who gave us some amazing sounds of the seventies and eighties from our garden.

Our residents and staff absolutely loved the lively atmosphere and enjoyed **dancing** and **dressing up** with funky glasses, glitter shakers and inflatable musical instruments.

We all had a good old bop! *Great times!*



