

Garden marathon at Sonya Lodge Residential Care Home



On Sunday 27 April our residents, family members, visitors and team members at Sonya Lodge Residential Care Home hosted their very own marathon, inspired by the London Marathon taking place on the same day.

Each of our residents, independently or with assistance, took a **lap of our garden**. With a **drink station** halfway round, they all had a chance to rehydrate before racing to the finish line to collect their well-earned medals.

Well done everyone, gold medals all round!

















