

## From biscuit art to spooky crafts at Sonya Lodge Residential Care Home



Last week our residents at Sonya Lodge Residential Care Home had some fun with our colourful parachute.

We tried our hardest to keep the balls from escaping – it was **good exercise** for our upper bodies and a **great giggle** too!

Our ladies also enjoyed **decorating digestive biscuits with colourful icing**. They took time to make their white, purple and pink iced delights, covered with sprinkles – *and of course enjoyed eating them as well!*

And we've been getting ready for **Halloween** at the end of the month, with some **spooky arts and crafts**.

From **colourful wreaths with witches legs**, to **etched pumpkin** and **cat masks**, we've enjoyed preparing our decorations to put up in our **Home** for 31 October. *Bwhahahaha!*

