

First day of spring at Sonya Lodge Residential Care Home



Last Tuesday was the first day of spring! We love spring here at Sonya Lodge Residential Care Home – flowers, sun and blue skies!

There's still a slight nip in the air, but the sun did come out to greet us as we **stepped out into the garden**.

Due to the breeze we decided to **take tea in our Forget-me-not tea room**. We all had a chat about the planning of the garden for the spring, what flowers we would like to plant – seeds, herbs and possibly some vegetables.

It definitely put a 'spring' in our step!