

## Doughnut heaven at Sonya Lodge Residential Care Home



**We celebrated National Doughnut Week (7-15 May) at Sonya Lodge Residential Care Home - something that all of our staff and residents were very excited about!**

Throughout the week we had lots of **doughnut-themed activities**, including **tasting different varieties** of doughnuts every day, which our residents loved. *It's a hard job, but someone's got to do it!!*

We also had some fun **designing our own doughnuts** in some arts and crafts sessions. We used paints, sequins, glitter, buttons, stickers, colouring pencils and lots of coloured card and glue. We had some very inventive and colourful doughnut designs by the end of the week.

*We'll definitely pencil this delicious celebration into our diaries again for next year!*





National Doughnut Week activities