

## Daily Sparkle afternoon tea at Sonya Lodge Residential Care Home



**A frequent activity we enjoy here at Sonya Lodge Residential Care Home is our Daily Sparkle afternoon tea.**

We love receiving our **Daily Sparkle magazines** and look forward to flicking through each segment.

We normally all get together with a **cup of tea and a biscuit** and go through it, taking in every page, each picture and all of the quotes. We always look forward to the **quiz** at the end too.

These magazines feel like such a treat as they're so well put together and provide a great way to **encourage reminiscing**. There are all different subjects and always something in there for everyone; each time it really gets everyone talking.

*We love magazine club, especially when it's Daily Sparkle themed!*