

Celebrating World Vegan Day at Sonya Lodge Residential Care Home



Our residents at Sonya Lodge Residential Care Home celebrated World Vegan Day on 1 November.

We are all up for trying something new at **Sonya Lodge**, so our residents were keen to try some vegan foods to mark **World Vegan Day**.

We had a vegan food tasting session with a selection of fruit and vegetables crudities, dips, vegan ham, nuggets and sausages.



Our residents really enjoyed the tasters and were shocked to discover that all of the foods were actually vegan!