

## **Celebrating pickles and bread making at Sonya Lodge Residential Care Home**



**Our residents really enjoy activities that are food-based, so with *National Pickle Day* and *National Bread Making Day* so close together, it only seemed fitting to enjoy a bread, pickle and cheese tasting activity here at Sonya Lodge Residential Care Home!**

Our ladies got to work by creating two different types of bread; they made a standard **wholemeal loaf** and then got creative with a delicious **cheese and tomato loaf**.

**Sonya Lodge** was filled with the wonderful and mouth-watering smells of bread baking. This got everyone talking about bread and their excitement to try the warm bread was visible to all!

Once the bread was finally baked our residents tucked into a **selection of the breads with cheeses and pickles** and everybody commented on what a delicious treat it was!



Our ladies had fun making bread