

Celebrating Italian National Day at Sonya Lodge Residential Care Home



On Friday 2 June we celebrated 'Festa della Repubblica Italiana' at Sonya Lodge Residential Care Home – the Italian National Day.

One of our residents called **Nina is Italian**, so it was very important for us to mark and celebrate this day together. Our Chef ensured that we had a special Italian menu for lunch with **Spaghetti Bolognese** and **Tiramisu** for dessert. Nina was over the moon to see Tiramisu on the dessert trolley as this is her absolute favourite!

In the afternoon our residents were treated to an **Italian food tasting session** when they tried some **Arancini rice balls that were filled with cheese, provolone cheese, mini flavoured bruschetta and fresh pesto**.

After trying all these delicious savoury tasters it was time for the sweet treats! Everyone enjoyed **Amaretti soft almond cakes** and '**Rolletti alla Nocciola**' – **delicious sponge cakes with a hazelnut filling**. They were divine!

We ended our day with a **sing-a-long and dance** to some of Nina's favourite Italian songs.

What a fantastic day, and one we will be looking forward to celebrating again next year!



