

An array of arts and crafts at Sonya Lodge Residential Care Home



We love being creative at Sonya Lodge Residential Care Home, and we've recently been busy with lots of lovely arts and crafts projects.

Knit and Natter

A firm favourite is our **Knit and Natter** group here at the **Lodge**. Our ladies are so talented with wool and it's super to see them enjoying their get together over their knitting needles!

May Day flowers

For **May Day** we embraced all things floral! Some of our ladies created wonderful **flower pictures** using craft flowers and stickers, whilst our staff and residents looked beautiful in their **sunflower headbands**. *What a splash of colour!*

Bead crafts

We've also had a bead crafting session, when our ladies enjoyed threading colourful beads together to make some gorgeous **necklaces** and **bracelets**.

Seaside sensory

Our Recreation and Well-Being Champion Jo recently visited **Minister Beach** and created a **sensory tray** for everyone to enjoy, compiling oyster shells, pebbles, drift wood and sand. Our residents have really loved the mini seaside experience and feeling the different textures. *Thanks Jo!*

Card making

And our resident Jo recently made a very **thoughtful get well card** for her husband Ted, who also resides here at our **Home**. It was so lovely to see the attention and care she put into the card – such love between them.





