

A weekend of fun at Sonya Lodge Residential Care Home



We've all had a fantastic busy weekend here at Sonya Lodge Residential Care Home!

Saturday morning started with some **doll therapy**. This activity can provide a sense of calm and is also a great opportunity for our residents to **reminisce**.

For lunch, our ladies and gents tucked into a **cheeky McDonalds!** This was on a few of our residents' wish lists for this month, so we were more than happy to arrange it. Burgers, nuggets, fries, milkshakes and ice-cream – it went down an absolute treat! And as an added extra, some of our residents received a **soft toy with their meal**, so they enjoyed looking at these.

Our Activity Lead, Jo, brought her doggies in for everyone to see – **sweet Rocco and energetic Bobby!** Our residents loved having cuddles with them and they are always such good fun to have around.

Sunday rolled around and it was **choir practice** before we knew it. We all sang our usual song list and of course a few had a little dance!

What a super weekend!

